#### **ADDITIONS IN WEBSITE**

### P.G.CURRICULUM

### **GENERAL INSTRUCTIONS**

#### **Instructions to P.G. Students / Residents:**

This logbook is intended to be a record of the academic activities, experience and practical training during the period of the tenure of residency as a Post graduate student in Psychiatry department. All the activities during this period should be noted and authenticated, under respective headings, in the log book and signed by concerned teacher / instructor, regularly and kept up-to date. Internal assessment should be based on the evaluation of the log book review. Collectively, log books are a tool for the evaluation of the training programme of the institution by the University.

The essence of evaluation of the progress would be:

- 1. Self-Evaluation -Through daily Work Diary
- 2. Faculty Evaluation -Through scrutiny of work diary by Head of Department and staff
- 3. Technique of skills in Pedagogy Through lesson plans and supervised taking of classes for undergraduates
- 4. Skill evaluation through demonstration and practical's and field reports.
- 5. Knowledge Evaluation- through journal clubs, seminars and tests.

During the training programme, patient safety is of paramount importance, therefore, skills are to be learnt initially on the models, later to be performed under supervision followed by performing independently. For this purpose, provision of clinical skills laboratories in medical colleges is mandatory.

### **CURRICULUM**

### GUIDELINES FOR COMPETENCY BASED POSTGRADUATE TRAINING PROGRAMME FOR MD IN PSYCHIATRY

#### **Preamble**

The purpose of PG education is to create specialists who would provide high quality health care and advance the cause of science through research & training.

A postgraduate specialist having undergone the required training should be able to recognize the health needs of the community should be competent to handle medical problems effectively and should be aware of the recent advances pertaining to his specialty. The post graduate student should acquire the basic skills in teaching of medical/para-medical students. She/he is also expected to know the principles of research methodology and modes of consulting library.

The purpose of this document is to provide teachers and learners illustrative guidelines to achieve defined outcomes through learning and assessment. This document was prepared by various subject-content specialists. The Reconciliation Board of the Academic Committee has attempted to render uniformity without compromise to purpose and content of the document. Compromise in purity of syntax has been made in order to preserve the purpose and content. This has necessitated retention of "domains of learning" under the heading competencies".

#### SUBJECT SPECIFIC LEARNING OBJECTIVES

The primary goal of the MD course in Psychiatry is to produce a post graduate clinician able to provide health care in the field of Psychiatry. A physician qualified in Psychiatry, at the end of the course, should be able to diagnose and treat psychiatric disorders, take preventive and curative steps for the disease in the community at all levels of health care and qualify as a consultant and teacher in the subject.

At the end of the MD course in Psychiatry, the student should have able to:

- •Understand the relevance of mental health in relation to the health needs of the country
- •Ethical and legal considerations in the teaching and practice of Psychiatry
- •To understand bio-psychosocial model of mental health
- •Institute appropriate diagnostic, therapeutic and rehabilitative procedures to the mentally ill patient

- •Take detailed history, conduct appropriate ethically valid physical examination and institute appropriate evaluation procedures to make a correct clinical diagnosis
- •Perform relevant investigative and therapeutic procedures for the psychiatric patient
- •Recommend appropriate laboratory and imaging examinations and interpret the results correctly
- •Plan rehabilitation of psychiatric patient suffering from chronic illness
- •Clinically manage psychiatric emergencies efficiently
- •Demonstrate empathy and humane approach towards patients and their families and respect their sensibilities
- •Demonstrate communication skills of a high order in explaining management and prognosis, providing counselling and giving health education messages to patients, families and communities
- •Develop appropriate skills to practice evidence-based psychiatry
- •Demonstrate competence in basic concepts of research methodology and epidemiology
- •Be aware of and take appropriate steps in the implementation of national mental health programs, effectively and responsibly
- •Be aware of the concept of essential drugs and rational use of drugs
- •Be aware of the special requirements in the practice of Child and adolescent Psychiatry and Geriatric Psychiatry
- •Research: The student should know the basic concepts of research methodology and plan a research project in accordance with ethical principles. S/he should also be able to interpret research findings and apply these in clinical practice. S/he should know how to access and utilize information resources and should have basic knowledge of statistics.
- •**Teaching:** S/He should learn the basic methodology of teaching and develop competence in teaching medical/paramedical students, health professionals, members of allied disciplines (e.g. behavioural sciences), law enforcement agencies, families and consumers and members of the public.

# **Syllabus**

#### **Course Contents:**

No limit can be fixed and no fixed number of topics can be prescribed as course contents. He is expected to know the subject in depth; however emphasis should be on the diseases/health problems most prevalent in that area. Knowledge of recent advances and basic sciences as applicable to his/her specialty should get high priority. Competence in managing behavioural problems commensurate with the specialty must be ensured.

### The student must acquire knowledge in the following:

### Theoretical concepts:

- 1. Functional and behavioural neuroanatomy
- 2. Neurophysiology and Neuro-chemistry
- 3. Neuro-imaging
- 4. Electrophysiology (including chronobiology, electroencephalogram, etc
- 5. Psychoneuroendocrinology
- 6. Neurogenetic disorder
- 7. Classification In Psychiatry
- 8. Theory of personality and personality disorders
- 9. Abuse (Physical / Sexual) or Neglect Of Child /Adult
- 10. Adjustment Disorder
- 11. Anxiety Disorders (including Panic Disorder, Agoraphobia, Phobias, Obsessive-Compulsive Disorder, Posttraumatic Stress Disorder, Acute Stress Disorder, Generalized Anxiety Disorder, etc).
- 12. Case-Presentations(including History Taking, Neurological Examination, Mental Status Examination etc.).
- 13. Child Psychiatry(including Learning Disorders, Skills Motor Disorder, Communication Disorders, Pervasive Developmental Disorders (AutisticDisorder, Rett's Disorder, Childhood Disintegrative Disorder, Asperger'sDisorder), Attention-Deficit/Hyperactivity Disorder, Conduct Disorders, Disorder, Oppositional Defiant Disorder, Pica, Tic Elimination Disorders, Separation Anxiety Disorder, Mutism, Selective Reactive Attachment, Disorder of Infancy or Early Childhood, Stereotypic Movement Disorder, etc.)
- 14. Community psychiatry
- 15. Consultation-Liaison Psychiatry
- 16. Culture Bound Syndromes
- 17. Dissociative Disorders (including Dissociative Amnesia, Dissociative Fugue, Dissociative Identity Disorder, Depersonalization Disorder, etc.
- 18. Eating Disorders (including Anorexia Nervosa, Bulimia Nervosa, etc.)
- 19. Electro-Convulsive Therapy
- 20. Emergencies In Psychiatry
- 21. Emotional Intelligence
- 22. Ethics In Psychiatry
- 23. Factitious Disorders
- 24. Forensic and Legal Psychiatry (including Indian Lunacy Act, Mental Health Act, Persons with Disability Act, Narcotic Drugs and Psychotropic Substance Act)
- 25. Impulse-Control Disorders (including Intermittent Explosive Disorder, Kleptomania, Pyromania, Pathological Gambling, Trichotillomania, etc
- 26. Learning Theories
- 27. Memory
- 28. Mental Retardation
- 29. Miscellaneous: Non-compliance, Malingering, Antisocial Behaviour, Borderline Intellectual Functioning, Age-Related Cognitive Decline, Bereavement [including Death], Academic Problems, Occupational Problems, Identity Problems,

- Religious or Spiritual Problems, Acculturation Problems, Phase of Life Problems, Chronic Fatigue Syndrome, etc.)
- 30. Mood Disorders (including Depressive Disorders, Bipolar Disorders, Cyclothymic Disorder, etc.)
- 31. Movement Disorders (including Medication-Induced Movement Disorders, etc)
- 32. Organic Psychiatry (including Amnestic Disorders, Catatonic Disorder, Cerebrovascular Disorders, Delirium, Dementia, Endocrine Epilepsy, Head Injury, Headache, HIV AIDS, Infections, etc.
- 33. Neuropsychology (including Psychological Features of Cerebral Disorders, Clinical Assessment etc.)
- 34. Pre-Menstrual Dysphoric Disorder
- 35. Post-Partum Psychiatric Disorders
- 36. Psychodynamics
- 37. Psychology (Clinical)
- 38. Psychometry/ Psychodiagnostics
- 39. Psychopharmacology
- 40. Psychosis (including Schizophrenia, Schizophreniform Disorder, Schizoaffective Disorder, Delusional Disorder, Brief Psychotic Disorder, Shared Psychotic Disorder, etc).

Psychosomatic Disorders

- 41. Psychotherapy
- 42. Sexual And Gender Identity Disorders (including Sexual Desire Disorders, Sexual arousal Disorders, Orgasmic Disorders, Sexual Pain Disorders, Vaginismus, Paraphilias, etc)
- 43. Sleep Disorders (including Insomnia, Narcolepsy, Breathing-Related Sleep Disorders, Circadian Rhythm Sleep Disorders, Parasomnias, Nightmare Disorder, Sleep Terror Disorder, Sleepwalking Disorder, etc.)
- 44. Somatoform Disorders (including Somatization Disorder, Undifferentiated Somatoform Disorder, Conversion Disorder, Pain Disorder, Hypochondriasis, Body Dysmorphic Disorder, etc.)
- 45. Statistics/Research Methodology
- 46. Stress and related disorders
- 47. Stupor
- (including Alcohol-Related 48. Substance Disorders Related Caffeine-Related Disorders, Disorders, Amphetamine-Related Disorders, Cannabis-Related Disorders, Cocaine-Related Disorders, Hallucinogen-RelatedDisorders, Inhalant-Related Disorders, Nicotine-Related Opioid-Related Disorders, Phencyclidine-Related Disorders, Sedative-, Hypnotic-, or Anxiolytic-Related Disorders, etc.)
- 49. Suicide management and medico-legal aspect
- 50. Transcultural Psychiatry
- 51. Rehabilitation of psychiatric patients
- 52. Geriatric Psychiatry

### The student may know the following:

- 1. Psychiatry rating scales
- 2. Epidemiology
- 3. History of Psychiatry
- 4. Mental Health Issues in Women
- 5. Mind the evolving concepts
- 6. Placebo Effect
- 7. Psychosurgery
- 8. Mental health care act 2017

#### **TEACHING AND LEARNING METHODS**

### **Teaching methodology**

1. **Lectures:** Lectures are to be kept to a minimum. They may, however, be employed for teaching certain topics. Lectures may be didactic or integrated. Self learning tools like assignments and case base learning may be promoted.

The post graduate student should have knowledge of:

- Psycho-pharmacology and broadening the treatment options using medicines.
- Neuro-imaging techniques to understand behaviour and psychiatric illness.
- o Community-Psychiatry.
- Functioning of psychiatric hospital.
- o Community Psychiatry should go beyond familiarization with the National Mental Health Programme.

The post graduate student should have hands on experience with:

- o G.P. Training Programme
- Organizing Mental Health Camps
- Carrying out Health Education Activities
- Forensic /Legal Psychiatry
- o Integration of Mental Health Care with General Health Care
- 2. **Thesis writing:** Thesis writing is compulsory.
- 3. **Research Methodology:** The student should know the basic concepts of research methodology and biostatistics, plan a research project, be able to retrieve information from the library.
- 4. **Teaching skills:** The post graduate students shall be required to participate in the teaching and training programme of undergraduate students and interns.
- 5. **Continuing Medical Education Programmes (CME):** Each student should attend at least two CME programmes, in 3 years.

- 6. **Conferences:** The student should attend courses, conferences and seminars relevant to the specialty.
- 7. A post graduate student of a postgraduate degree course in broad specialties/super specialties would be required to **present one poster presentation**, to read one paper at a national/state conference and to present one research paper which should be published/accepted for publication/sent for publication during the period of his postgraduate studies so as to make him eligible to appear at the postgraduate degree examination.
- 8. **Seminars:** There should be a weekly seminar in which the PG students present material on assigned topics in rotation. It should be followed by discussion in which all trainees are supposed to participate. Generally the topics covered should be those that supplement the formal teaching programme.
- 9. **Case Conference**: A case conference should be held every week where a PG student prepares and presents a case of academic interest by rotation and it is attended by all the members of the Department.
- 10. **Psychosomatic Rounds**: This is a presentation of a case of psychosomatic illness, or a medical illness with pronounced psychiatric problems. It should be held weekly in collaboration with various departments and attended by the faculty and the PG students of psychiatry and the concerned Department.
- 1. **Research Forum**: There should be a monthly meeting of one hour each in which the PG students present their plan of research as well as the report of the completed work of their projects. The other research scholars/staff in the department also may participate in it. The faculty, PG students and the non-medical professionals should make critical comments and suggestions.
- 2. **Journal Club**: A monthly meeting of Journal club should be held in which a senior PG student presents a critical evaluation of a research paper from a journal. All PG students are expected to attend.
- 3. **Case presentations**: All new in-patients and outpatients cases should be routinely reviewed with one of the Consultants. In addition, the PG student is required to present case material at routine rounds and other case conferences. Senior PG students will conduct evening classes on clinical topics.
- 4. **Extra-mural activities**: The post graduate students are encouraged to attend certain academic activities in allied subjects held outside parent department e.g. seminars/lectures held at Departments of Sociology, Psychology, Neurology etc.
- 5. **Psychotherapy tutorials**: These should be held in small groups supervised by a consultant, in which a case is presented by a PG student and psychotherapeutic management discussed.

### 6. Clinical Postings

• A major tenure of posting should be in General Psychiatry. It should include care of in-patients, out-patients, special clinics and maintenance of case records for both in and out patients. Exposure to the following areas should also be given:-

- Neurology
- Emergency Medicine/ Internal Medicine
- Consultation Liaison Psychiatry
- Psychiatric hospital and Forensic Psychiatry
- Clinical Psychology
- Addiction Psychiatry
- Child and Adolescent Psychiatry
- Community psychiatry
- Applicable only for trainees in General Hospital Psychiatric units: Facilities for these needs to be arranged.

The post graduate student in Psychiatric hospitals would have extended period of exposure to consultation-liaison psychiatry and other medical specialties. Exposure to community-based services should be integral part of various postings. The post graduate student shall be given full responsibility for patient care and record keeping under the supervision of the senior PG students and consultants. The post graduate student shall also take patients for psychological interventions in an individual as well as group setting. S/he must complete a minimum of 100 hours of supervised psychological interventions.

### 17. Clinical meetings:

There should be intra - and inter - departmental meetings for discussing the uncommon / interesting medical problems.

### 18. Log book:

Each student must be asked to present a specified number of cases for clinical discussion, perform procedures/present seminars/review articles from various journals in inter-unit/interdepartmental teaching sessions. They should be entered in a Log Book and signed by the authorized teacher and Head of Department.

19. The Department should encourage e-learning activities.

### **Recommended Reading**

### Core Books (latest edition)

- 1. Kaplan and Saddock's Comprehensive Text Book of Psychiatry
- 2. Kaplan and Saddock 's Synopsis of Psychiatry
- 3. Fish Clinical Psychopathology
- 4. Stephan M. Stahl Essential Psychopharmacology
- 5. Psychology by Morgan & Morgan
- 6. The Maudsley Prescribing Guidelines in Psychiatry
- 7. Stephan M. Stahl Prescriber's Guide
- 8. Oxford text book of Psychiatry
- 9. Symptoms in Mind (SIMS)
- 10. Concise Textbook of Psychiatry by Namboodiri
- 11. Clinical Methods in Psychiatry by Namboodiri

#### Reference Books

- 1. Clinical practice guidelines of Psychiatric disorders in India
- 2. Lishman's Organic Psychiatry, The Psychological consequences of cerebraldisorder
- 3. Textbook of Psychiatry by Wylie and Wylie
- 4. Mental Health Act, Person with Disability Act (India)
- 5. Lowinson et al -Substance Abuse-A Comprehensive Textbook
- 6. Galanter and Klebert-Textbook of Substance Use Treatment

#### **Journals**

03-05 international Journals and 02 national (all indexed) Journals

### **CLINICAL AND ACADEMIC ACTIVITY**

### **Routine Schedule**

Day	Morning (9-1PM)	Afternoon (2-3PM)	Evening (3-5PM)	
Monday	Ward Round; OPD; ECT	Academic Activity	OPD; Round	Ward
Tuesday	Ward Round; OPD	Academic Activity	OPD; Round	Ward
Wednesday	Ward Round; OPD; ECT	Academic Activity	OPD; Round	Ward
Thursday	Ward Round; OPD	Academic Activity	OPD; Round	Ward
Friday	Ward Round; OPD; ECT	Academic Activity	OPD; Round	Ward
Saturday	Ward Round; OPD	OFF	OFF	

### ACADEMIC ACTIVITIES DONE IN THE DEPARTMENT

- 1. Lectures
- 2. Case Presentation
- 3. Case Conference
- 4. Seminar
- 5. Journal Club
- 6. Research Forum

- P.G.Activity on MONDAY to Friday, between 2 to 4pm
- ➤ Total activity(UPTO 9/2/2023)
  - (1) seminar 71
  - (2) case conference 50
  - (3) lecture 71
  - (4)journal reading 31

### INTERNSHIP TRAINING

During internship posting interns are required to do following things in order to have a basic overview of psychiatry

**During ward** 

- 1) Taking detail history of patient with guidance of resident doctors and presenting it.
  - 2) Measuring vitals of patients.
  - 3) Attending ward rounds.

While in OPD

- 1) Perform history taking
- 2) Examining patients
- 3) Follow up care of opd patients

The interns are required to observe ECT procedure at least once during their posting of 15 days

All the interns have to maintain their logbooks regularly and submit in department for final certificate at the end of their clinical posting

# **FACULTIES**

(1) Dr. Heena Jariwala, Senior Resident MD Psychiatry, Smt. NHL MMC, Ahmedabad reg.no-G 35156 MBBS, Govt. medical college, surat reg.no- G 63652 date of joining-1/2/2023

(2) Dr. Srivani Shukla, Tutor DPM,GMCs Surat reg.no-G15433 MBBS,GMCs Surat Reg no.-G27122 doj-10/2/2004

(3) Dr. Falguni Chaudhari
Associate Professor
M.D. psychiatry
Government medical college, Surat
Reg no. G 15800
MBBS
Government medical college, Surat
Reg no. G 35255
DOJ- 20/10/2014

# Faculties photos



Dr. Parag shah (Professor and Head of Department)



Dr Falguni Chaudhari (Associate professor & Incharge of UG training program)



Dr.Nidhi Doshi (A.P& Incharge of PG training program)



Dr.Srivani Shukla (Tutor/SR) & Incharge of intern training program



Dr. Heena Jariwala (Senior Resident)

# Residents (as per 2023)

Nesidents (as per 2025)						
Serial	Name	Designation				
no.						
1	Dr. Anant Changela	R 3				
2	Dr. Kenil Jagani	R 3				
3	Dr. Mallika Singh	R 3				
4	Dr. Prarthana Rathod	R 2				
5	Dr. Yash Bhuva	R 2				
6	Dr. Yami Khandwala	R 2				
7	Dr. Maitry Vakawala	R 1				
8	Dr. Pratik Chaudhari	R 1				
9	Dr. vipul vania	R 1				

# RESEARCH

serial	topic	type of	author	status
no		research		
1	Impact of COVID 19 on patient with pre existing major depressive disorder & generalized anxiety disorder	thesis	Dr.Kenil Jagani	completed
2	Psychosocial factor related to attempted to suicide during COVID19 pandemic- original research paper	original research paper	Dr.Kenil Jagani	completed
3	Expressed Emotion & burden in care giver of patient with functional neurological symptom disorder.	thesis	Dr. Anant changela	completed
4	Cognitive function in first degree normative relative of patient with bipolar mood disorder	original research paper	Dr. Anant changela	completed
5	Effect of sertaline on metabolic parameters of patients newly diagnosed with major depressive disorder	thesis	Dr. Mallika singh	completed
6	Instagram addiction and sleep quality among medical students	original research paper	Dr. Mallika Singh	completed
7	Clinical characteristic of symptoms of patients with unipolar depression vs bipolar depression visiting tertiary care hospital in south gujarat	thesis	Dr. Prarthana Rathod	ongoing
8	Fear of missing out and problematic smartphone use among undergraduate student of medical college in south gujarat	original research paper	Dr. Prarthana Rathod	ongoing

9	Care giving burden and coping startegies used by the caregivers of patients having schizophrenia	thesis	Dr. Yash Bhuva	ongoing
10	Post covid-19 new onset insomnia and its impact on quality of life among ug medical students	original research paper	Dr. Yash Bhuva	ongoing
11	To estimate the medical risk factor and severity of suicide intent for an act of attempted suicide reffered to emergency service at a tertiary health centre	thesis	Dr. Yami Khandwala	ongoing
12	Psychiatrist subjective experiences following suicide death of their patients	original research paper	Dr. Yami Khandwala	ongoing

## **PUBLICATION**

- 1) Socio-demographic profile of patients using other substances in patient of alcohol use disorder by Dr Parag shah, DR Birva Desai, Dr Kenil Jagani, Dr Anurag Pipalava, Dr Prashant Savaliya- published article- INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH WORLDWIDE VOL 11 issue 12 December 2022
- 2) Neuro psychiatric Sequaele Of Hypertension by Dr Birva Desai-EUROPEAN JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH-2018,5(10)
- 3) Psychiatric Sequelae Of Traumatic Brain Injury by Dr Birva Desai-Asian journal of medical science- volume 11 issue 5
- 4) Cognitive function in first degree normative relative of patient with bipolar mood disorder by Dr Anant changela, Dr Parag Shah, Dr Falguni chaudhari, Dr Yash Bhuva-published article- INDIAN JOURNAL OF APPLIED RESEARCH- VOL 13 issue 03 March 2023
- 5) Instagram addiction and sleep quality among medical students by Dr Mallika Singh, Dr Parag Shah, Dr Srivani Shukla published article in INDIAN JOURNAL OF APPLIED RESEARCH- VOL 13 issue 3 March 2023

# **ACHIEVEMENTS**

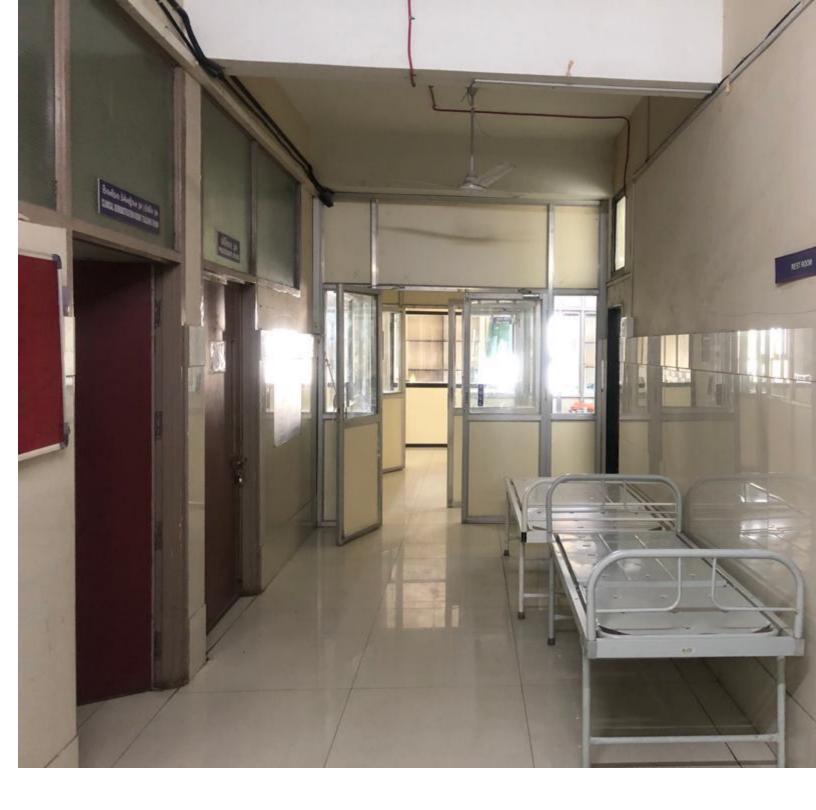
- 1- 3rd prize in poster presentation on topic "Association between normal pressure hydrocephalus and schizophrenia" by Dr. Yami Khandwala at midterm CME IPSGSB at Ahmedabad in December 2022
- 2- 2nd prize in paper presentation on topic- "Instagram addiction and sleep quality among medical students" by Dr. Mallika Singh at midterm PGCME at goa

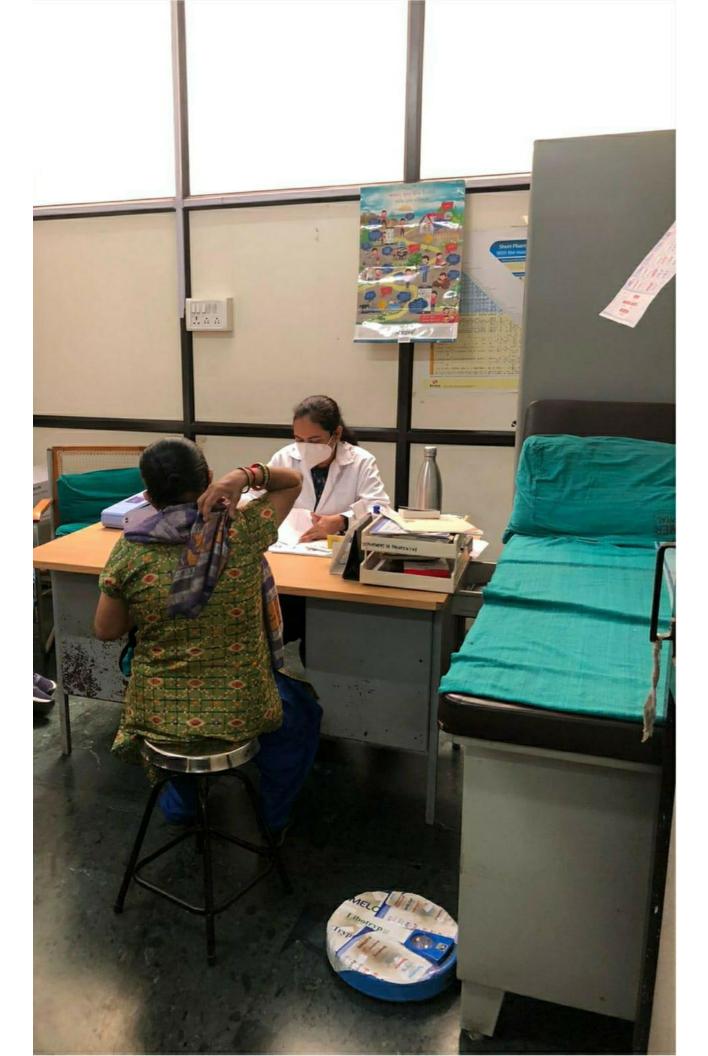
# **PHOTO GALLERY**

## PSYCHIATRY WARD





















# **CHANGES**

### INDOOR SERVICES

3rd FLOOR PSYCHIATRY WARD

ECT treatment on 3 rd floor psychiatry ward

One to one counseling sessions of required patients

Total no. of beds 30

**EMERGENCY SERVICES** 

psychiatric evaluation

identifying common neurological and medical condition that may manifest as psychiatric symptoms

managing any imminent risk to self and other resulting from illness

# **U.G.CURRICULUM**

# **Psychiatry Clinical Term**

### Note:

- 1] All students must attend ward round, (3<sup>rd</sup> floor) daily.
- 2] Students must get 75% attendance for eligibility of clinical exam (viva).
- 3] Students must complete Log book and get sign from Dept. of Psychiatry last day of their clinical term.

## **PSYCHIATRY CLINICS**

As per the Graduate Medical Education Regulations-2019, Total 4 week clinical postings in Psychiatry are accommodated as 2 weeks each in II MBBS and III MBBS part I.

### Topics for 1st clinical term of 2week in II MBBS

No/	Topic
Day	
1	Doctor Patient Relationship
2	Introduction to Psychiatry- History
3	Introduction to Psychiatry y- MSE
4	Alcohol use disorder
5	Substance use disorder Part 1
6	Substance use disorder Part 2 & Attending SUGAM clinic
7	Psychotic disorder- part 1
8	Psychotic disorder- Part 2
9	Major Depressive Disorder
10	Bipolar disorder
11	Anxiety disorder
12	Assessment

### Topics for 2nd clinical term of 2week in III MBBS Part 1

No/	Topic
Day	
1	Organic Psychiatry disorder & Psychiatric disorders in elderly
2	Stress related and Dissociative disorder
3	OCD
4	Somatoform disorder
5	Personality disorder
6	Psychosomatic disorder
7	Psychosexual and Gender Identity disorders
8	Child and adolescent psychiatric disorders
9	Mental retardation
10	Assessment

# **Procedure Demonstration**

- 1-ECT
- 2-Drug Assisted interview
- 3-SUGAM Clinic for Alcohol De-addiction

# LECTURE SCHEDULE

No	Topic		Integrated Dept
	Introduction to Psychiatry		
1	(History, Growth, development of	L	
	Psychiatry)		
2	Doctor Patient Relationship	L	
3	Mental Health- stress, study skill,	L	
3	time management, diet, sleep	ı	
4	Mental Health- Memory, Learning,	L	
4	emotions	L	
5	Alcohol Use Disorder	IL	Medicine
6	Substance use disorder- Part 1	L	
U	Cannabis, Opioid	L	
7	Substance use disorder- Part 2	IL	ENT
,	Tobacco use disorder & other	16	LINI
8	Major depressive disorder	L	
9	Bipolar disorder	L	
10	Anxiety disorder	L	
11	OCD and Related disorder	L	
12	Schizophrenia and other Psychotic disorder	L	
13	Trauma and Stress related	L	
	disorder		
14	Dissociative Disorder	L	
15	Personality Disorder	L	
	Emotional and behavior problem		
16	in child and Adolescence- ADHD,	L	
	ODD,CD		
17	Mental Retardation, Learning	L	
	disorder	_	
18	Psychiatry disorder in Elderly –	L	

Feeding & Eating disorder		Dementia, Depression, Psychosis		
Risk Assessment for Suicide, Enumerate and describe recognition of suicide risk in individuals  ECT, RTMS, modified ECT & other modalities  Psychotherapy, rehabilitation & behavioral therapy  Pharmacology  Psychosomatic disorder Part 1  Psychosomatic disorder Part 2  Communication skills for effective medical care  Community Psychiatry &National Mental Health Program  Perpensic Medicine  Risk Assessment for Suicide, Enumerate and describe recognition of suicide risk in individuals  L  Pharmacolog y  Pharmacolog y  Pharmacolog y  Pharmacolog y  Pharmacolog y  Community Pharmacolog y  Pharmacolog y  Pharmacolog y  Community Medicine  IL Medicine  IL Community Medicine  Porensic Medicine  Forensic Medicine  Program  IL Forensic Medicine  IL Community Psychologram  Psychologram  IL Forensic Medicine  IL Poensic Medicine  SD L  SD L  Specific childhood Psychiatric disorder- enuresis etc.  SD L  Culture-bound syndromes  IL Pedia	19	Feeding & Eating disorder	IL	-
Enumerate and describe recognition of suicide risk in individuals  21 ECT, RTMS, modified ECT & other modalities  22 Psychotherapy, rehabilitation & behavioral therapy  23 Psychopharmacology IL Pharmacolog y  24 Delirium L Medicine  25 Psychosomatic disorder Part 1 IL Medicine  26 Psychosomatic disorder Part 2 IL Skin  27 Communication skills for effective medical care L  28 Community Psychiatry &National Mental Health Program  29 Legal & Ethical issue in Psychiatry, Medicine  30 Human sexuality & Sexual Dysfunctions, Gender Dysphoria  31 Mental status examination  32 Psychological assessment - Clinical Psychologist  33 Mini mental status examination (MMSE)  34 Specific childhood Psychiatric disorder- enuresis etc.  35 Autism IL Pedia  36 Culture-bound syndromes  SD L		INTERNAL ASSESMENT		
recognition of suicide risk in individuals  ECT, RTMS, modified ECT & other modalities  Psychotherapy, rehabilitation & behavioral therapy  Psychopharmacology  Psychosomatic disorder Part 1 IL Medicine  Psychosomatic disorder Part 2 IL Skin  Communication skills for effective medical care  Community Psychiatry &National Mental Health Program  Legal & Ethical issue in Psychiatry, Medicine  Human sexuality & Sexual Dysfunctions, Gender Dysphoria  Mental status examination  Psychological assessment - Clinical Psychologist  Mini mental status examination (MMSE)  Mini mental status examination (MMSE)  Specific childhood Psychiatric disorder- enuresis etc.  Culture-bound syndromes  Culture-bound syndromes  L  Dysfunctions SD L  Clinical Psychologist  SD L  SD L  SD SD		Risk Assessment for Suicide,		
recognition of suicide risk in individuals  ECT, RTMS, modified ECT & other modalities  Psychotherapy, rehabilitation & behavioral therapy  Psychopharmacology  IL  Pharmacology  Psychosomatic disorder Part 1  Psychosomatic disorder Part 2  Communication skills for effective medical care  Community Psychiatry & National Mental Health Program  Legal & Ethical issue in Psychiatry, Mental Health Act  Human sexuality & Sexual Dysfunctions, Gender Dysphoria  Mental status examination  Psychological assessment - Clinical Psychologist  Mini mental status examination (MMSE)  Specific childhood Psychiatric disorder- enuresis etc.  Culture-bound syndromes  L  Dyspondom Part 2  L  Community Medicine  Forensic Medicine  L  Clinical Psychologist  SD  L  Clinical Psychologist  SD  L  SD  Culture-bound syndromes	20	Enumerate and describe	ς	
21 ECT, RTMS, modified ECT & other modalities  22 Psychotherapy, rehabilitation & behavioral therapy  23 Psychopharmacology  24 Delirium  25 Psychosomatic disorder Part 1 IL Medicine  26 Psychosomatic disorder Part 2 IL Skin  27 Communication skills for effective medical care  28 Community Psychiatry & National Mental Health Program  29 Legal & Ethical issue in Psychiatry, Mental Health Act  30 Human sexuality & Sexual Dysfunctions, Gender Dysphoria  31 Mental status examination  32 Psychological assessment - Clinical Psychology  33 Mini mental status examination (MMSE)  34 Specific childhood Psychiatric disorder- enuresis etc.  35 Autism  36 Culture-bound syndromes  L SD  L SD	20	recognition of suicide risk in	3	
Psychotherapy, rehabilitation & L  22		individuals		
Psychotherapy, rehabilitation & behavioral therapy  Psychopharmacology  Psychopharmacology  Delirium  Pharmacology  Psychosomatic disorder Part 1  Psychosomatic disorder Part 2  Communication skills for effective medical care  Community Psychiatry &National Mental Health Program  Legal & Ethical issue in Psychiatry, Mental Health Act  Mental Health Act  Mental Status examination  Psychological assessment - Clinical Psychologist  Mini mental status examination  Mini mental status examination  Mini mental status examination  Specific childhood Psychiatric disorder- enuresis etc.  Culture-bound syndromes  L  Pharmacolog  Pharmacolog  Y  Pharmacolog  Y  Pharmacolog  Y  Pharmacolog  Y  Community  Medicine  Spo  L  Community  Medicine  Forensic  Medicine  L  Clinical  Psychologist  Spo  L  Clinical  Psychologist  Spo  L	21	ECT, RTMS, modified ECT & other	ı	
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# **Deletion of detail from faculty list**

## Existing faculty - remove address details and birth dates

### Website links

Instagram: <a href="https://www.instagram.com/Psychiatry">https://www.instagram.com/Psychiatry</a> smimer surat/

Facebook: https://www.facebook.com/people/Department-of-Psychiatry-Smimer-Surat/100069029942620/

Twitter: <a href="https://twitter.com/PsychiatrySurat">https://twitter.com/PsychiatrySurat</a>

### Non-teaching staff

• Incharge sister: Usha patel

• OPD: Aruna sister

• Clerk: Bhaumik modi

# **Student resource**

https://www.psychiatry.org/residents-medical-students/medical-students/choosing-a-career-in-psychiatry

https://emedicine.medscape.com/article/293402-overview

https://www.who.int/news-room/fact-sheets/detail/mental-disorders

https://www.cdc.gov/sleep/about\_sleep/sleep\_hygiene.html

https://nida.nih.gov/publications/research-reports/tobacco-nicotine-e-cigarettes/what-are-treatments-tobacco-dependence

https://www.mayoclinic.org/tests-procedures/electroconvulsive-therapy/about/pac-20393894

https://www.nimh.nih.gov/health/topics/substance-use-and-mental-health

**Library** 

**PG** books

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1/04/2021

		FSIC	HIATRY Department Library Issued Books
Sr.No	Dept. Regi. Sr.No	Acc.No	Book detail
1	1	2750	New Oxford Textbook of Psychiatry Vol.2 / Gelder, M
2	2	3125	Clinical Psychiatry / Mayer- Gross  Clinical Psychiatry / Mayer- Gross  (Missing
3	3	3062	Clinical Medica, in a Sychiatro, 2 tango and
4	4	3013	Manual of Neurological Therapeutics / Samuels
5	5	3061	Psychiatry / Rao
6	6	4038	Neurological Differential Diagnosis / Patten
7	7	4039	Neurological Differential Diagnosis / Patten
8	8	4444	Textbook of Psychiatry Vol. 2 / Hales / Yudofky / T
9	9	4452	Diagnostic & Statistical Manual of / DSM-IV
10	10	4458	Essentials of Psychiatry / Bhatia
11	11	5056	Bickerstaff's Meurological / Spillane
12	12	5446	Solving Patient Problem in Psychaitry / Travis
13	13	5770	Synopsis of Psychiatry Behavioral / Kaplan / Sad
14	14	5871	Concise Textbook of Psychiatry / Nambodiri
15	15	6062	Psychiatric Genetics / Nurnberger
16	16	6083	Primary Prevention of Mental Neurological / Who
17	17	6381	A Short Textbook of Psychiatry / Ahuja
18	18	6488	HIV / AIDS : Diagnosis and / Kulkarni, Vinay
19	19	6568	Pocket Handbook of Clinical Psychiatry / Kaplan
20	20	6584	Dyslexia A Psychosocial Perspective / Hunter-Larsch
21	21	6620	Adolescent Psychiatry in Clinical Practice / Gowers
22	22	6621	Adolescent Psychiatry in Clinical Practice / Gowers
23	23	6754	Psychiatry and Behaviour Medicine / Deckert
24	24	6821	Sexually Transmitted Diseases / Spagna
25	25	6979	Psychiatric Interview : Practical Guide / Carlat Missi
26	26	7556	On Call Neurology / Marshall R.S. Mayer S.A.
27	27	7908	New Oxford Text Book of / Gelder, M. G.
28	28	7909	New oxford T.B.of Psychiatry Vol.2 / Gelder, M G
29	29	8233	textbook of Postgraduate Psychiatry / Vyas J.N
30	30	8234	Textbook of Postgraduate Psychiatry / Vyas J.N.
31	31	8278	Case Presentations in Psychiatry / Bhugra D. Pots S
32	32	8358	Organic Psychiatry / Lishman W.A.
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33	33	8359	Synopsis of Psychiatry / Sadock B.J. Sadok V.A.
34	34	8393	Psychiatric Issues in Epiilepsy : A / Ettirger A
35	35	8395	Post Graduate Psychiatry: By Ten., / Vyas J.N.
36	36	8397	Lexicon of Psychiatry Neurology & the / Ayd F.J .
37	37	8737	Carer's Guide to Schizophrenia / Wilknson G
38	38	8731	Text Book of Child Adolescent Psychiatry / Wieer J
39	39	8732	Cutting Edge Medicine What / Stotland N.L.
40	40	8733	Attention Deficit disorders & / Brown J.E.
41	41	8734	Aggression Psychiatric Assessment and / Cocaro E.F
42	42	8736	Out of Mind Varieties of Unconscious / Gelder B.D
43	43	8738	Handbook of Counseling & Psychotheraph. / Duffy M

1	44	8739	Manul of Clinical Psychiatry / Gargi P.D.
44	45	8742	Manul of Clinical Psychiatry / Garge On call Pshchiatry Bernsteio C.a / Bernsteio C.a  On call Pshchiatry Bernsteio C.a / Winner P
45	46	8744	
47	47	8767	
48	48	8768	Psychiatric Care Planning / Krupnick S C W  Psychiatric Care Planning / Krupnick S C W  Representation of the Property of the Psychiatric Care Planning / Krupnick S C W
49	49	8770	Eurodementals of Human recurepty
50	50	8771	Payabiatric Dictionary / Camberr 763
51	51	8772	n Line Cogrets / Jacobson J.C.
52	52	8776	Display Disorder : Biological / Todag Com
53	53	8808	Stroke Syndromes / Bogoussiausky J.
54	54	8896	Cross - Cultural Psychiatry : / Bhugra D. Bhui K
55	55	8918	
56	56	8930	Dayelonment disabilities,
57	57	8960	n 1: Clinical Core lext 101 / Gatti
58	58	8981	Critical Appraisal for Psychiatry / Lawrie S.M., Mc
59	59	8988	Psychiatric diagnosis and / Maj. M. Gabel W.
60	60	9014	Saunder's Pocket Essential of Psychiatry / Puri B.K
61	61	6090	Regulations of Graduate Medical / Medical Counci
62	62	9027	Masszchu Setts General Hospital / Stem T.A., Fr
63	63	9033	Psychiatry Vol 1 / Tasman A., Kay J.
64	64	9034	Psychiatry Vol 2 / Tasman A., Kay J.
65	65	9045	Loss and Bereavement : Managing Change / Weston R.,
66	66	9066	Handbook of the dually diagnosed / Dennison S.J.
67	67	9067	Psychopharmacology the fourth / Bloom P.E., Kupic
68	68	9068	Acute care Psychiatry : Diagnosis & / Sederer L.
69	69	9174	Emotional Stress / Vasudevan M.V.
70	70	9572	N Garaine - Migraine / Dowson, Andrew
71	71	9574	Neurological Examination Made Easy / Geraint Full
72	72	9635	Comprehensive T.B. of Sexual Medicine / Nilamadhao
73	73	9826	Management of Migraine / Egilius L.H. Springers
	74	10198	Handbook of Sleep Madicine / Avidan, Alon Y.
74		2706	Pocket Guide to Brain Injury, / Gulmette, Thomas
75	75		Bickerstaff's Meurological / Spillane
76	76	5055	Cerebrovascular Disease / Moskowitz
77	77	5301	Textbook Of Psychiatry / puri
78	78	5824	Genetics Syndromes, Communications / Shprintzen
79	79	6070	A Short Textbook of Psychiatry / Ahuja
80	80	6380	Saint Frances Guide to Psychiatry / Mccarthy
81	81	6564	Saint Frances Guide to Esternation / Turkington
82	82	6569	Understanding Memory : The / Turkington
83	83	6624	Complete MCQs in Psychiatry / Puri
84	84	6682	Neuroanatomy for Medical Students / Wilkinson
85	85	6891	A Short Textbook of Psychiatry / Ahuja
86	86	6892	A Short Textbook of Psychiatry ! Ahuja
87	87	7019	Setually Transmitted diseases : A / Spagna
88	88	7406	Review Manual for Neurology in / Misulis K.E.
	89	7407	Review Manual for Neurology in / Misulis K.E.
89		7449	— 1 Wilkinson M. M.
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93	93	8207	Paragraphy Psychiatry / Rund D.A. Hutzler J.C.		
93	94	8208	Perchatry / Rund D.A. Hutzler J.C.		
95	95	8280	Case Presentations in Psychiatry / Bhugia D. 1 0ts 5		
96	96	8446	The Encyclopedia of the Brain & / Turkingson C.		
97	97	8478	EGE Primer Basic Principal of Digital / Fasch B.J.		
98	98	8599	Parkinson's Disease in the Order Pati		
99	99 =	8759	Substance Use Disorders : Practical / Gitlow S.		
100	100	8765	Nuclear Medicine in Psychiatry / Otte A.		
101	101/2	8773	Psychiatric Secrets / Jacobson J.C.		
102	102	8961	Fish's Clinical Psychopathology : / Hamilton M.		
103	103	9566	Sleep and Movement Disorders / Sudhanshu Chokrovert		
104	104	9784	Psychiatric Disorders & Pregnancy / Veronica O' Kea		
105	105	3060	Psychiatry/Rao & Kuruvilla		
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			NEWLY ISSUED IN YEAR 2021		
106	106	13394	Dementia/Ame		
107	107	13399	DSM-5 Clinical Cases /Barnhill		
_108	108	13550	Diagnostic and Statical Manual of Mental Disorders DSM-5 /APA		
109	109	13552	Psychiatric Interview and Examination /Bhatia M.S.		
110	110	13553	Psychiatric Case Studies For Advanced Practice/Prendergast		
111	111	13716	Desk Reference to the Diagnostic Criteria From DSM-5 /APA		
112	112.9	2.0	The Maudsley Prescribing Guidelines In Psychiatry /Taylor D not found		
113	113	13879	Neurological examination made easy / fuller		
114	114	13885	Basics of biostatistics 2ed/kulkarni a.p.		
115	115	13886	Fundamentals of biomedical research/ dhikav v.		
116	-116-2	13887	Law the doctor must know/ bhatt h j		
117	117	13888	Clinical methods in psychiatry 3ed / namboodiri		
118	118	13889	Introduction to psychiatry / namboodiri		
7	-7-				
		A	EXTRA FOUND IN DEPT.LIBRARY		
119	119	6120	MCI Regulation		
120	120	1997	The Excellent Trainer		
		316	Psychology for Nurses		

# **UG** books

Niraj Ahuja

# **Contact**

Phone number: 0261-2368040 to 44